

# Licensed and Registered Dietitian Nutritionists Provide Impactful Care During Winter Storm Uri



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Licensed Dietitians (LDs) work in a variety of settings including hospitals, clinics, long-term care facilities, food service entities, grocery stores, food banks, private practice, and many more.

During a disaster like the recent winter storm and subsequent energy and water crisis in Texas, licensed dietitians are vital members of clinical care teams and provide resources for patients and clients regarding food safety during a natural disaster.

Licensed Dietitians stayed overnight in hospitals to ensure adequate staffing and safety of patients. In addition to providing normal patient care, LDs took on other roles including helping nursing staff with patient care and even personally delivering donor breast milk to hospitals. Home Health LDs ensured patients received their life-sustaining IV nutrition or tube feeding formulas and provided direction on using them safely

without power. Additionally, LDs worked with pharmacy colleagues to confirm that patients had enough supply of their medications at home. Outpatient and private practice dietitians provided education for their patients on food safety and easy meal options with limited resources.

## H-E-B

Licensed Dietitians at H-E-B stocked grocery store shelves and called customers to educate them on proper food safety with no power and boil water notices.

## DIALYSIS

LDs provided education to dialysis patients on best nutrition choices when dialysis sessions were cancelled/delayed to help prevent ER visits

## HOUSTON FOOD BANK

LDs coordinated food bank resources, providing hot meals to multiple senior living facilities that lost power, and arranged home deliveries of non-perishable food boxes and water to households with infants, persons with disabilities, and seniors over 65