

Nutrition and Dietetics 2021 Virtual Conference & Exhibition
Theme/Focus: Building a community of inclusive nutrition experts

Thursday, April 8, 2021

Noon-1:00 pm	Exhibit hall, posters, conference platform tutorial
1:00-2:00 pm	Exhibit hall, posters, conference platform tutorial
2:00-3:00 pm	Exhibit hall, posters, conference platform tutorial
3:00-4:00 pm	Exhibit hall, posters, conference platform tutorial
4:00-5:00 pm	Exhibit hall, posters, conference platform tutorial
5:00 pm-5:30 pm	State Specific Opening Sessions
5:45--7:00 pm	Welcome by Linda Farr, CSOWN, LD, FAND current Academy of Nutrition and Dietetics President Opening Keynote Address: Marisa Moore, MBA, RDN
7:00-8:00 pm	Networking Rooms and Events

Friday, April 9, 2021

7:30-8:30 am	TBD		
8:30-9:30 am	Diabetes Among Hispanics: Disparities and Novel Educational Strategies, Antonio Miranda, RDN, LD	Diversity and Inclusion for Cultural & Competent Care in Black, Indigenous and People of Color (BIPOC) clients, Whitney Trotter, MS, RDN	LETTUCE Talk About Food Safety, Allison Kerin, MS, RDN, LD
9:30-9:45 am	Break, Network, Visit Posters		

9:45-10:45 am	Cancer-related nutrition and meal planning content online: characteristics, misinformation, and how to integrate e-health literacy, Margaret Raber, DrPH	Omega 3 Supplementation: Evidence Based Support, Leslee Funderburk, Ph.D., RD, CSSD, CSCS	Zero to Hero: Principles of a Zero Deficiency Survey, Reynold Landry, CDM, CFPP, CP-FS
10:45-11:00	Break, Network, Visit Posters		
11:00-noon	Diversity and Dietetics Panel		
Noon-2:00 pm	Dedicated Exhibit Hall time		
2:00-3:00 pm	The Effects of Prebiotic/Probiotic Supplements on Metabolic Health, Shannon Galyean, Ph.D, RDN, LD	The Power of Moments, Joyce Lamilla, RD, LD, FAND	
3:00-3:15 pm	Break, Network, Visit Posters		
3:15-4:15 pm	Answering Difficult Questions: Responding to Nutrition Noise in Media and Beyond, Sarah Ryan, MS, RDN, LD; Wes McWhorter, DrPH, MS, RD, LD, CSCS; Hawley Poinsett, MS, RDN, LD	Utility of the FODMAP, Carol Ireton Jones, PhD, RDN, LD, CNSC, FASPEN	
4:15-5:15 pm	Networking Rooms and Events		
6:00-8:00pm	State Events: Awards and Scholarship Event, Texas Academy Fundraising Event		

Saturday, April 10, 2021

8:30-9:30 am	Wellness at your Workplace, Allison Thummel, MPH, RDN, LDN, CLT	Plant-based Nutrition in Chronic Disease Prevention, Linda Arpino, RD, CDN, FAND	
9:30-9:45 am	Break, Network, Visit Posters		
9:45-10:45 am	State Specific Events; Texas Public Policy Panel		
10:45-11:45 am	New Approaches to the Nutritional Care of Food Allergic Patients, Ellen Karlin, MS, RD, LDN, FADA	Strategies to Build & Lead Strong Virtual Teams, Sarah Hendren, MS, RDN, LD, CD	
11:45-12:45 pm	Registered Dietitian's Role in Promoting Health Equity in Diverse Populations Brenda Riojas, RDN, LD	Alphabet Soup-CGM and Intermittent Fasting, Mary Lou Perry, MS, RDN, CDCES	
12:40-1:00	Break, Network, Visit Posters		
1:00-2:00 pm	Closing Session Kevin L. Sauer, PhD, RDN, LD, FAND Academy of Nutrition and Dietetics President Elect Closing Speaker: The (R)evolution of Indigenous Food Systems of North America, Chef Sean Sherman		

General Summary of CEUs

Live Educational Sessions: 12 CEU
 Research Posters: (maximum of 15 CPEUs may be claimed for this activity type during 5-year recertification cycle): 2 CEU
 Interactive Expo: (maximum of 15 CPEUs may be claimed for this activity type during 5-year recertification cycle): 2 CEU
 Up to 9 CEU's on demand (recorded sessions): 9 CEU
Total possible hours: 25+ CEU